



Gather Your Materials

Journal or sheet of paper
3 x 5 index card, card stock or manilla folder
Scissors
Watercolor
Flat brush
Paper towel or rag

Steps

- Wet the watercolors
- Cut the stencil freehand (scallops or zig zags)
- Brush the watercolor over the stencil - from your hand toward the cut edge to keep from watercolor from seeping under
- Stagger the stencil for the next row

Tips

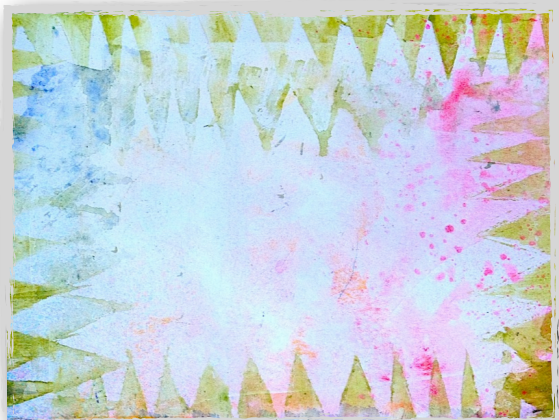
Use one color, two colors or several colors

Alternate stencils

Use as a border or as an additional layer under or over other marks

Make sure brush is fairly dry before applying watercolor

Gessoed pages may not work well with this technique



Resource

“Make Your Mark: Explore your creativity and discover your inner artist” by Margaret Peot